

OTTER TRAIL GUIDE

TIDES SEPT 2024

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0646	1810	0316	1535	0916	2136
2	0645	1810	0347	1603	0942	2201
3	0644	1811	0415	1629	1006	2226
4	0642	1812	0442	1655	1030	2251
5	0641	1812	0507	1719	1054	2317
6	0639	1813	0532	1743	1117	2342
7	0637	1814	0557	1807	1141	---
8	0636	1814	0622	1833	0008	1206
9	0634	1815	0649	1903	0036	1234
10	0633	1816	0721	1942	0109	1308
11	0632	1816	0810	2046	0153	1404
12	0630	1817	1000	2302	0306	1619
13	0629	1818	1258	---	0642	1902
14	0627	1818	0104	1347	0737	1950
15	0626	1819	0158	1428	0816	2031
16	0625	1820	0242	1506	0851	2109
17	0623	1820	0323	1544	0925	2147
18	0622	1821	0402	1622	0958	2225
19	0620	1822	0440	1659	1032	2302
20	0619	1822	0516	1737	1106	2339
21	0617	1823	0552	1813	1139	---
22	0616	1824	0628	1850	0015	1214
23	0615	1825	0705	1930	0052	1252
24	0613	1825	0747	2021	0133	1339
25	0612	1826	0859	2236	0227	1535
26	0611	1827	1235	---	0546	1859
27	0609	1827	0047	1331	0710	1946
28	0608	1828	0141	1408	0751	2018
29	0607	1829	0219	1438	0821	2044
30	0606	1830	0250	1505	0846	2108

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

